



December 2019 EVENTS

AlcoThon

10:30 PM Christmas Eve - 5:30 AM Christmas Day

Regular Meetings 6am and 7:15 am

11:00 AM – Coffee, Fellowship and Music

12:00 PM – Discussion Meeting, Room 1

1-3:00 PM – Dinner is Served

December 2019

Unity Club of Falls Church, Virginia is a meeting place for members of Alcoholics Anonymous and fifteen other recovery fellowships based on the 12-Steps of AA. It is a safe haven for people to come to while they work on a different way of life. It is a place of hope.

Dear Friends of the Unity Club

Seasons Greetings! This is the time of the year where we give thanks for all the blessings we have received. Who among us doesn't have the Unity Club to thank for countless miracles?

Those of us who spend a good deal of time at the Unity Club have witnessed countless acts of selfless love. We see new people arrive at the Unity Club who are quickly embraced by fellow members making them feel comfortable, accepted, and welcomed. Supporting the Unity Club with a financial contribution is a way to enhance your participation and pride in the Club

We encourage you to contribute today in any amount you can afford to ensure there is always a place for those 3000- plus people we host every week. Please give generously-of your time and by making a financial contribution. Donations can be made by using the form of the back of the newsletter, by talking with any member of the coffee bar staff, or on-line at www.unityclub.com And keep coming back – we need you around.

Have a peaceful and joyous holiday season.

The Unity Club Board of Directors

Heard in the Rooms:

“Expectations are premeditated resentments.”

“If you believe in a hereafter, you may have sentenced yourself to a life of unexpected joy”

“Despite whatever happened in the past, your future is spotless.”

“Recovery. Is like walking up a down escalator.”

“I'm no longer an A+; now I'm an AA.”

“Sign on a church: Perfect people need not attend.”

“I am enough. I have enough. God is more than enough.”

“POW: Piece of Work”

“One day someone is going to hug you so tight that all of your broken pieces will stick back together.”

“Once you learn how to be happy you won't tolerate being around people who make you feel anything less.”



Helping Ourselves and Others

If we listen to others in meetings, we learn that we are in the presence of people with multiple talents—people who come from all walks of life to share their knowledge and skills with others. In short, they become of service to others in the fellowship. Mention almost any problem, difficulty, or stumbling block, and someone will come up after the meeting offering assistance. That's one of the beauties of the program. We help one another to heal, to become stronger, and to recognize talents in ourselves and others. Perhaps Marge Piercy said it best in her poem "To Be of Use":

I want to be with people who submerge
in the task, who go into the fields to harvest
and work in a row and pass the bags along,
who are not parlor generals and field deserters
but move in a common rhythm
when the food must come in or the fire be put out.

Day to day, we help one another along, offering what we have; sharing talents, time, and resources. We become stronger in our primary resolve---to stay away from alcohol and drugs. Learning to accept and to give—that's integral in the steps and in the program. Thanks for coming, and thanks for offering.

Hats off to our own group of Helpers and Donors:

Thank you to all who participated in the Thanksgiving gala. Those who shopped, planned, cooked, served, and cleaned made the day special for many.



Donation Form

Name _____
Organization _____
Address _____
City _____ State _____ Zip _____
Telephone _____ Email _____

Method of Payment

(Online donor opportunities are available @ www.unityclub.com)

MasterCard Visa American Express Discover Check

Credit Card # _____

Exp. date _____

CSC Number _____

Signature _____

I want to Donate:

\$20.00 \$50.00 \$100.00 \$250.00
 \$500.00 \$1000.00 \$5000.00
 Other \$ _____

Make Checks Payable to and Send Payments to:

Unity Club, Inc.
P.O. Box 316
Falls Church, VA 22040

Email inquiry: manager@unityclub.com

The Unity Club is a 501(c)(3) organization and your donations are tax deductible to the extent allowed by law.