

# **Unity Club News**

# A lot has been going on at the Unity Club.

- Did you notice that we have a new updated meeting schedule? Check It out you'll find a number of new meetings. Most recent is a meditation meeting for all fellowships called Mindfulness in Recovery Mondays 7:15AM Room 3.
- Saturday Morning Breakfasts are back every other Saturday. Next one May 5.
- Our 22<sup>nd</sup> annual Golf Classic is coming. Save the date: Monday June 18, 2018. Its an important fund raiser for the Unity Club.
- Looking for Women Golfers to compete in this year's golf tournament. We can't let the men have all the fun. 10% discount for first 5 women's foursomes to register.
- Volunteers are needed to help with the golf tournament. Need support working tables after meetings to get the word out as well as help the day of the event. Interested contact me at <a href="mailto:csangel100@gmail.com">csangel100@gmail.com</a>
- Annual Meeting was held Saturday April 21, 2018. If you were not able to attend we'd like to introduce you to the 2018 board members.

## **Daniel Tierney: President and Founding Member**

An IT Professional currently serving as a Principal Technologist with Amtrak, Dan has been overseeing the health and welfare of the Unity Club since its inception. He is responsible for P&L, final approval on all club expenditures as well as club changes. Dan is the heart and sole of the Unity Club. (Cont. on back)

**May 2018** 

Unity Club of Falls Church, Virginia is a meeting place for members of Alcoholics Anonymous and fifteen other recovery fellowships based on the 12-Steps of AA. It is a safe haven for people to come to while they work on a different way of life. It is a place of hope.

## This is Your Club Too!

Over the last few months we have had a number of people approach us about all the things that are wrong with the Club. At the same time – a number of people new to the club have remarked on how wonderful it is and that they have never seen a club like our anywhere. Like all of you we are a work in progress. Our primary purpose is to provide a meeting place for those seeking recovery. We welcome your suggestions and even more – we welcome your support to make us better and better. Get involved! Feel free to contact us at csangel100@gmail.com or manager@unityclub.com



2018 Board Members (cont.)

# **Paul Salehi : Vice President and Founding Member**

An independent business owner who has supported the day to day operations of the Unity Club since its inception. Paul is second in command and back up for all activities currently performed by the Club President. Instrumental in managing Unity Club Lease.

#### Lila Reinold: Treasurer

A finance manager who volunteers her time to the Unity Club in honor of her late husband Larry Reinold. Responsible for maintaining the Club books, oversees accounts payables – reviewing and approving all expenditures before release.

#### **Claudia Angelone: Secretary**

A retired IT Senior Executive who has supported the club since 1990. Provides organization and a female perspective on club matters. Proactive in community outreach. Oversees the Unity Club monthly Newsletters.

#### **Bud Shatzer: Member**

A Senior Advisor to The Secretary of the American Battle Monuments Commission. Bud is a longstanding member of our board providing the voice of reason. Bud keeps us honest and is one of our true ambassadors of goodwill.

| Number of Items   |   | Total        |
|---|---|--------------|
| wed by law  | Golf/Dinner Pre Pay @ \$135 =<br>(\$145 day of event)                           | \$           |
| Donations are tax deductible to the extent allowed by law | Foursome Pre-Pay @ \$540 = (\$580 day of event)                                 | \$           |
| uctible to the  | Food & Fun @ \$40 =<br>(Non-Golfer Awards Banquet)                              | \$           |
| are tax ded   | Mulligan @ \$5 =<br>(Limit 3 per golfer)  | \$           |
|   | Raffle Ticket (s) @ \$10 =<br>(or 3 for \$25 or 10 for \$80 - no limit)         | \$           |
| ganization  | Full Hole Sponsor @ \$500 =   | \$           |
| (c)(3) oci  | Half Hole Sponsor \$300=  | \$           |
| The Unity Club, Inc. Is a 501(c)(3) organization.         | I'm not golfing this year , but<br>would like to make the<br>following donation | \$           |
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### **Doug Levy: Member**

Doug has been in the hospitality arena for 15 years serving as manager for numerous private clubs. He not only brings us a youthful prospective but a bevy of new ideas to keep the Unity Club current with todays environment.

#### John Greer: Member

John brings great enthusiasm as well as marketing ideas to the board. He has a wide range of resources, which can be tapped for the good of the Unity Club. John carries the message to venues within DC and Northern Virginia, which helps broaden the Unity Clubs mission.

#### Nate Ford: Member

Nate serves as the liaison between the Unity Club and recovery groups including "Steps To Recovery", "New Beginnings", and "CATS". Nate provide valuable insight as to the needs of those new to recovery.

#### Richard Thompson: Member

Richard volunteers his time to the Unity Club as a means of giving back. Director of Network Planning & Engineering for Amtrak, he provides invaluable network and IT ideas to keep us in pace with today's millenniums. Reaching people electronically is the way of the future.